

MEETING THE INFORMATION NEEDS OF CONSUMERS/SURVIVORS IN THE TORONTO AREA

THE CONSUMER/SURVIVOR INFORMATION RESOURCE CENTRE OF TORONTO

1001 Queen St. West, Toronto M6J 1H4

Phone Hours: Monday to Friday from 9am to 5pm • Drop-in Hours: Monday to Friday from 9am to 4pm  
416 595-2882 • csinfo@camh.ca • www.csinfo.ca

## Our Mission

*Drawing on the collective knowledge and lived experience of the mental health and addictions community, C/S Info provides information and resources to improve the quality of life and sense of community for all.*

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# Mad Pride Week is Here!

## Celebrate Mad Pride July 11-16

Come one, come all to the greatest celebration of art, comedy, ideas, food, dance, music of the year! Everyone is welcome...especially the shy, anxious and brilliant. (See: [facebook.com/torontomadpride](https://www.facebook.com/torontomadpride))

## What is Mad Pride?

We use "Mad" as a term to show our strength, pride and our power to reclaim our identities. We welcome and include people who identify as psychiatric survivors, antipsychiatry activists, service users, crazy, "mentally ill" and normal.

## Mad Pride... A History

Mad Pride began as an event called "Psychiatric Survivor Pride Day" in the fall of 1993. It raised awareness and funds for organizations that fought for Mad rights and communities. From its inception, Mad Pride sought to work collaboratively with other marginalized and oppressed groups. In 2002, the local celebration was renamed Mad Pride which has grown into an international movement - Mad Pride is celebrated across continents.

What is now called Mad Pride Day has been held in Toronto on or around July 14th since 2000 to coincide with similar international events held on Bastille Day. This is the date in

1789 when the notorious fortress prison in Paris was stormed at the start of the French Revolution. Among the seven prisoners liberated at that time were two mad people.

Mad Pride strives for a reintegration of people identified as "mad" or "crazy" into the community. We are capable and productive citizens who have rights. We aim to dismantle stereotypes, as well as address poor quality treatment where present.

#### Mad Pride Today

Here in Toronto, a group of volunteer psychiatric survivors and allies, come together to organize events for Mad Pride week that celebrate, empower and build community, creating space for creativity, learning and action.

#### So, politics...?

While we have a diversity of opinions and some knowledge of political systems, we do not espouse, as a unit, a deep kinship to a particular school of thought as to how things must be run on the grandest of scales. We focus on fun and the practical needs of Mad folks.

#### What is a consumer-survivor?

A consumer survivor is someone who is an ex-patient, or someone who is in and out of clinics. They have consumed psychiatric products be it medicine or dogma, and have

survived and continue to survive common treatment(s) of madness.

Are you anti-medicine...anti-psychiatry...post-psychiatry?

Mad Pride is comprised of people who are pro-psychiatry/pro-meds and those who are anti-psychiatry/anti-meds. We recognize that both sides have valid points and reasons; we believe in an ongoing discussion between both parties and other perspectives.

#### What is "diagnosis"; What is "recovery"?

Mad Pride does not subscribe to a healthy/ill, sick, disordered/cured dichotomy. Diagnosis restricts self-identification and understanding of one's condition - is only one interpretation among a myriad of other equally valid interpretations.

*\* Let us know if you contributed to this history and you will be credited. Thank you to Geoffrey Reaume for his contributions to the history included in this article!*

More @ [torontomadpride.com](http://torontomadpride.com)  
[facebook.com/torontomadpride](https://facebook.com/torontomadpride)  
 email: [torontomadpride@gmail.com](mailto:torontomadpride@gmail.com)

# In The Spotlight

Directed by Katie Cooper

**FREE SCREENING! July 11, 2017**  
**Doors open @ 1:30pm, Q&A to follow**  
**Light snacks will be provided**

**1001 Queen Street West, Toronto, ON**  
**(CAMH community centre - Training room A)**

**\*Limited seating\***

**Please RSVP 416-595-2882 or [csinfo@camh.ca](mailto:csinfo@camh.ca)**

**TTC tokens will be provided for the first 25 people who rsvp**



**Can your biggest fear become your greatest passion?**

# MAD PRIDE WEEK SCHEDULE JULY, 2017

**Celebrating, Empowering & Building a MAD\* Community**

	<b>Tuesday, July 11</b>	<b>Wednesday, July 12</b>	<b>Thursday, July 13</b>
<b>PM</b>	<b>1:30 pm</b> <b>In the Spotlight - Documentary</b> Hosted by C/S Info Centre 1001 Queen Street West, Training Room A - RSVP Requested	<b>11:30 am - 4:30 pm</b> <b>CSI Network Forum - History &amp; Direction of the Consumer Survivor Movement</b> Friends House, 60 Lowther Avenue Registration Required	—
<b>EVE</b>	<b>7:00 pm - 9:00 pm</b> <b>Madly I'm Your Fan</b>  Presented by the Friendly Spike Theatre Band. May Robinson Auditorium, 20 Westlodge Avenue	<b>7:30 pm - 9:00 pm</b> <b>"Outside In"</b> Interactive performance by The-Toronto Youth Theatre  The Lower Ossington Theatre, 100 Ossington Avenue	—
	<b>Friday, July 14</b>	<b>Saturday, July 15</b>	<b>Sunday, July 16</b>
<b>PM</b>	<b>1:00 pm - 4:00 pm</b> <b>Carnival des Voix</b>  Hosted by Recovery Net Toronto and C/S Info. 1001 Queen Street West, Training Room A - Registration requested	<b>12:00 pm - 4:00 pm</b> <b>Mad Hatter Market &amp; Tea Party</b>  Mad Artists, meditation, yoga, dance. OCAD, 100 McCaul Street	<b>11:30 am</b> <b>Bed Push &amp; Parade:</b> A historic journey and having fun in the community  <b>12:30 pm</b> <b>Wild Picnic:</b> Great free food. (Buses may be available) At Trinity Bellwoods Park
<b>EVE</b>	<b>8:00 pm - Midnight</b> <b>MADx by Night</b>  Music, comedy, rants, poetry. Imperial Pub. 54 Dundas Street East	—	—

\*MAD = Reclaim Dignity & Challenge Labels (Diagnosed, mentally ill, crazy, mental health issues, weird, lunatic, wonderful)



In celebration of Mad Pride 2017, The Friendly Spike Theatre Band  
Proudly presents

## MADLY. I'M YOUR FAN



A literary circle of readings and reminiscence  
Especially honouring the works of the late great  
Leonard Cohen, and Mad Pride writers he inspired



Featured Poets: bill bissett and Honey Novick

Courtesy of The Canadian League of Poets, Readings In Public Places Program.

Special Guest Poet - Philip Tetrault

Participants are invited to join in with readings from their own collections.

Come One! Come All!

Tuesday July 11th, 2017  
7-9 pm

May Robinson Auditorium - 20 Westlodge Ave.,

(One block east of Lansdowne, North of Queen)

Wheelchair accessible!

Refreshments!

contact: [friendlyspike@primus.ca](mailto:friendlyspike@primus.ca)





**Toronto Central LHIN  
Consumer/Survivor Initiative Network  
presents:**

**History and direction of the Consumer/Survivor movement:  
Where do we go from here?**

**Interested in learning about the history of the Consumer/Survivor Movement?  
Want to help us shape the future of our services?  
Want to have some fun?**

**Wednesday, July 12, 2017**

**12:00 noon to 4:30 pm (Doors open at 11:30 am)**

**Friends House**

**60 Lowther Avenue**

**To register call the C/S Info Centre at: 416-595-2882 or by e-mail: [csinfo@camh.ca](mailto:csinfo@camh.ca)**

**Wheelchair accessible.**

**Lunch and tokens will be provided.**





# Carnival des Voix

Opportunity  
for you to  
participate in  
this pioneering  
half-day  
workshop

## Workshop

Innovative workshop that introduces simple ways we can express and give voice to human experiences that can be both difficult to live with and difficult to talk about,

Includes mask making and puppet making; and an easy introduction to simple yet powerful approaches we can use to reclaim our power and find our voice.

**Carnival des Voix** workshop introduces a creative innovative approach that will be showcased at the World Hearing Voices Congress in Boston in Aug 2017.

Workshops will be led by Kevin Healey, honored recipient of Intervoice's 2016 International Award for Innovation - and Dave Umbongo who is, by his own admission, more than a bit Muppetty.

## Toronto

Fri 14<sup>th</sup> July 2017  
1pm to 4pm

**CS Info Centre**  
Training Room A  
CAMH 1001 Queen St. W.

Limited Number of Spaces

**Please RSVP :**

Phone 416 595-2882

Email: [csinfo@camh.ca](mailto:csinfo@camh.ca)

in collaboration...

recovery network: Toronto



**e/s Info Centre**  
The Consumer/Survivor Resource Centre

**MAD** x by night

# Th#s Sh#t is mine...

**Fri 14<sup>th</sup> July 2017**  
8.00pm to Midnight

**The Imperial Pub**  
Downstairs, back room  
54 Dundas St E.  
Toronto

**MADx: Th#s Sh#t is mine...**

**Fri 14th July, 2017**

**Theme: This Shit is Mine...**

What shit, exactly?  
and What's your part in it?  
and what's your part in a-changing it?

Bring your shit  
Don't throw it around; share it your way:

**Spoken-Word | Slam | Standup  
Storytelling | Song | Dance | Poetry**

# THEY HEARD VOICES

**A movie by Jonathan Balazs**

Is schizophrenia hard science? Or an arbitrary, catch-all term with no real meaning? What does it mean for those experiencing psychosis?

The film is a series of wide-ranging interviews with voice hearers, medical historians, anthropologists and psychiatrists from Britain and America, presenting different views and inviting conversation.

Featuring:

Erin Emiru, Rai Waddingham, Kevin Healey, Mark Roininen, Angela Woods (Ph.D), Edward Shorter (Ph.D), Dr Avery Krisman, Dr Albert Wong, Suman Fernando, and Stefan Ecks (Ph.D).

## **Special Community Preview Screening**

Join us for sneak previews of extended clips from the movie and conversation with Jonathan Balazs, and Kevin Healey

**Mon 3<sup>rd</sup> July 2017 - 6:30pm**

Join us at the  
**Hearing Voices Café: Toronto**

Coffee and All That Jazz  
72 Howard Park Ave  
Toronto





# MAD PRIDE



## TORONTO MAD PRIDE WEEK JULY 10-16

**MAD + ALLIES + EVERYONE WELCOME:** We reclaim terms like Mad as an act of pride and strength. We'll include you too!

### JULY 15 - MAD MARKETPLACE + TEA PARTY

OCAD - 100 McCall St. 12:00-4:00 - Mad artists, cake & fun



### JULY 16 - BED PUSH PARADE AND FANTASTIC PICNIC:

Parade starts @Parkdale Library (1303 Queen W) 11:30

Picnic @Trinity Bellwoods Park at 12:30

## CELEBRATE, EMPOWER AND BUILD COMMUNITY

SCHEDULE: [www.torontomadpride.com](http://www.torontomadpride.com)

[@madpridetoronto](https://twitter.com/madpridetoronto)

[torontomadpride@gmail.com](mailto:torontomadpride@gmail.com)

[www.facebook.com/torontomadpride](https://www.facebook.com/torontomadpride)



# Things To Do - Happy 150th Birthday Canada!

## Canada Day in High Park

Saturday, July 1 from 12:00 noon - 5:00 pm  
11 Colborne Lodge Drive  
Free Admission

Colborne Lodge and the High Park Nature Centre join M.P. Arif Virani to celebrate Canada 150 in our community. This event takes place at the north end of High Park & the High Park Nature Centre at the Forest School.

<https://nowtoronto.com/events/canada-day-celebration-6b1dcbe2/>



©Elisheva.Photography

## Redpath Waterfront Festival

July 1 – 3 (hours are below)  
Sherbourne Commons, 61 Dockside Drive  
Free Admission

Saturday, July 1 from 11:00 am - 8:00 pm  
Sunday, July 2 from 11:00 am - 8:00 pm  
Monday, July 3 from 11:00 am - 5:00 pm

Kick-off the summer of Canada 150 celebrations at the Redpath Waterfront Festival presented by Billy Bishop with countless fun activities and interactive shows.

<http://towaterfrontfest.com/>

## Adelaide Place—Adelaide Eats

Now – July 28 from 11:00 am – 8:00 pm  
Adelaide Place, 150 York Street  
Free Admission

Monday - Wednesday 11:00 am - 3:00 pm,  
Thursday - Friday 11:00 am - 9:00 pm

For a third consecutive year, Adelaide Eats (formerly Front Street Foods), will return to the second floor terrace of Adelaide Place (150 York Street — at the corners of both Adelaide/University Avenue and Adelaide/York), with dishes and delicacies designed by Toronto's best chefs, restaurants, bakers, food entrepreneurs, and artisanal food makers.

## Downsview Park Canada Day Festival

Saturday, July 1 from 11:00 am to dusk  
Downsview Park, 35 Carl Hall Road, North York  
Free Admission

An action-packed day of festivities with rides, food, music, entertainment and more. Plus, a grand fireworks display at dusk to end the day.

<http://en.downsviewpark.ca/event/Canada-Day-Festival-2017>

## Mad Pride Volunteers!

Help people navigate the events. Set-up. Host conversations about Mad Pride. Marshall. Tell Jokes.

### Promote Mad Pride Week:

- ⇒ [torontomadpride@gmail.com](mailto:torontomadpride@gmail.com)
- ⇒ [www.torontomadpride.com](http://www.torontomadpride.com)
- ⇒ [www.facebook.com/torontomadpride](https://www.facebook.com/torontomadpride)
- ⇒ Twitter: @madpridetoronto

*"Imperfection is beauty, madness is genius and it's better to be absolutely ridiculous than absolutely boring."*

Marilyn Monroe, Actress

# More Events & Announcements

## Crazy Talks

Tuesday, July 4 from 7:00 pm - 8:30 pm  
OISE, Room 12-274 (12th floor)  
252 Bloor St. West, at St. George Subway Station

Indigenous thinker and intellectual-at-large, Diem Mar-  
chard-Lafortune, presents on envy, gratitude and generos-  
ity as concepts to think about in community building and  
social justice. She speaks on how rage, anger and grief can  
obscure our gifts.

Crazy Talks is a monthly discussion event on psych and  
mad politics. Join local author Erick Fabris and guest  
speakers, who start each discussion with a presentation.  
Everyone is invited to participate and contribute. Join in  
the first Tuesday of each month at 7:00 pm for this free  
event — everyone welcome, free coffee/tea, accessible,  
ASL on request.

For more information, please email [madly@teksavvy.com](mailto:madly@teksavvy.com)  
or call 647-478-4241.

*"No great mind has ever existed without a touch of  
madness."*

Aristotle, Greek Philosopher

## Subscribe For Free!

To subscribe to The Bulletin call The C/S Info Centre at  
416-595-2882 or email us at [csinfo@camh.ca](mailto:csinfo@camh.ca).

The Bulletin is free to receive. If you do not have email, you  
can also receive it by regular mail through the generous support  
of the Centre for Addiction & Mental Health (CAMH).

You can also follow us on:

Facebook: [facebook.com/csinfocentre](https://facebook.com/csinfocentre)

Twitter: [twitter.com/CSInfoCentre](https://twitter.com/CSInfoCentre)

Where we post even more information and resources.

All previous issues are available on our website: [www.csinfo.ca](http://www.csinfo.ca)

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by the C/S Info Centre. Funding for this Consumer/Survivor initi-  
ative has been provided by the Toronto Central Local Health  
Integration Network (LHIN).

## If You Ask Me (IYAM)

**Deadline: July 15, 2017**

**IYAM** is a Canada-wide film project created by Toronto's  
Rendezvous with Madness Film Festival – a festival which  
shows films about mental health and created by filmmak-  
ers who have lived experience with mental health issues.

IYAM is asking young people from across the country to  
create short videos about their own experiences with  
mental health to be showcased in the Rendezvous with  
Madness 25<sup>th</sup> Anniversary festival in November 2017!

Explore questions like these through music, poetry, per-  
formance, animation, art and video diaries:

- What aspects of your mental health make you, you?
- What superpowers do you have because of your mental health experiences?
- How do you (re)frame your mental health struggles for yourself and for others?

All submissions must be 3 minutes long (or less). All  
filmmakers must be between the ages of 13-30.

submit your work!

Please fill out the [submission form](#) to enter. Email:  
[cara\\_spooner@workmanarts.com](mailto:cara_spooner@workmanarts.com) for further inquiries.

Disclaimer:

The views expressed do not necessarily reflect those of the  
Toronto Central LHIN, the Government of Ontario, CAMH,  
C/S Info Staff, Volunteers or Board Members.

From the C/S Info Bulletin Team and all of our wonderful  
volunteers: Randi, Joan and Martha (the computer gal)!

Go green; get The Bulletin by email!

